## SELF-ASSESSMENT

<table>
<thead>
<tr>
<th>Standard 1: A Registered Dietitian assumes accountability and responsibility in the provision of competent, safe, ethical, and professional practice.</th>
<th>Y</th>
<th>N</th>
<th>N/A</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Practices in accordance with provincial legislation. (Health Professions Act, Dietitians Regulation and CDBC bylaws)</td>
<td>@</td>
<td>@</td>
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<tr>
<td>2. Practices in compliance with professional standards, practice guidelines and codes, including but not limited to: CDBC Codes of Ethics, Standards of Practice, Practice and Interpretive Guidelines, Continuing Competence Program.</td>
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<tr>
<td>3. Provides services within their scope of practice and personal competence, including but not limited to, Restricted Activity registration, insertion of feeding tubes, dysphagia assessments.</td>
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<tr>
<td><strong>Enteral and TPN reserved acts, always looking to increase knowledge</strong></td>
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<tr>
<td>4. Obtains informed consent when required.</td>
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<tr>
<td>5. Records client and other information in a clear, concise and timely manner.</td>
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<tr>
<td>6. Manages information appropriately in accordance with legislation, including but not limited to: Freedom of Information and Protection of Privacy Act, Personal Information Protection Act, other health information acts.</td>
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<tr>
<td>7. Integrates principles of sound financial management into practice as appropriate.</td>
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<tr>
<td>8. Incorporates appropriate continuous quality improvement programs into practice including, but not limited to: audits, surveys, variance analysis.</td>
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<tr>
<td>9. Incorporates relevant risk management strategies into practice, including but not limited to: disaster, pandemic, contingency, strike/lock out, threat, supply/service disruptions.</td>
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**Learning Plan**

**My Client Groups:** acute care, longterm care

**Standard/Indicator #:**

Standard 1: A Registered Dietitian assumes accountability and responsibility in the provision of competent, safe, ethical, and professional practice.

Indicator 3: Provides services within their scope of practice and personal competence, including but not limited to, Restricted Activity registration, insertion of feeding tubes, dysphagia assessments.

**Learning Goal:**

Maintain and increase knowledge to practice enteral and parenteral nutrition with most current, clinical practice guidelines.

**Learning Activities**

- Review publications put out by the ADA dietitians in nutrition support practice group (nutrition currents)
- Review enteral/parenteral nutrition articles published by the ADA medical nutrition practice group (medical nutrition matters).
- Review 2009 Critical Care Enteral Nutrition Clinical Practice Guidelines
- Webinar (handout review): No 'Gut' no glory: moving beyond TPN - clinical benefits of EN
- Webinar (handout review): The diarrhea dilemma: promoting GI tolerance through EN
- Webinar (handout review): Sweet and Low: Better Gylcemic Control through EN
- Read Community Care Nutri-News Oct 2011, home tube feed updates
- Review Critical Care Bedside materials for nutritional assessment, EN assessment, PN assessment
- Review Clinical Practice Guidelines For PN: composition, strategies to optimize benefits and minimize risk, ans supplementing with antioxidant nutrients.

**Contribution to Practice**

Stay a top of current research, best practice, and clinical nutrition guidelines.

**Learning Plan Progress Stage**

Indicate your progress stage on this learning plan (goal and activities):

<table>
<thead>
<tr>
<th>Preliminary</th>
<th>Intermediate</th>
<th>Substantial</th>
<th>Completed</th>
<th>Suspended</th>
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<tbody>
<tr>
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**Comments/Reasons for Suspension**
SELF-ASSESSMENT

Standard 1: A Registered Dietitian assumes accountability and responsibility in the provision of competent, safe, ethical, and professional practice.

1. Practices in accordance with provincial legislation. (Health Professions Act, Dietitians Regulation and CDNBC bylaws)

2. Practices in compliance with professional standards, practice guidelines and codes, including but not limited to: CDNBC Codes of Ethics, Standards of Practice, Practice and Interpretive Guidelines, Continuing Competence Program.

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7. Integrates principles of sound financial management into practice as appropriate.

8. Incorporates appropriate continuous quality improvement programs into practice including, but not limited to: audits, surveys, variance analysis.

9. Incorporates relevant risk management strategies into practice, including but not limited to: disaster, pandemic, contingency, strike/lock out, threat, supply/service disruptions.

To learn about and integrate quality improvement programs into clinical practice.

Learning Plan

My Client Groups:

Standard/Indicator #1:

Standard 1: A Registered Dietitian assumes accountability and responsibility in the provision of competent, safe, ethical, and professional practice.

Indicator 8: Incorporates appropriate continuous quality improvement programs into practice including, but not limited to: audits, surveys, variance analysis.

Learning Goal:

To learn about and integrate quality improvement programs into clinical practice.

Learning Activities

1. Participate/member in the NICU quality improvement team.
2. Conduct a QI activity in my clinical practice (neonatal nutrition) using PDSA cycle.

Contribution to Practice

Ability to evaluate and improve patient care and/or enhance efficiency in clinical practice.

Learning Plan Progress Stage

Indicate your progress stage on this learning plan (goal and activities).

Preliminary Intermediate Substantial Completed Suspended

□ □ □ □ □

Comments/Reasons for Suspension
**SELF-ASSESSMENT**

<table>
<thead>
<tr>
<th>Standard 1</th>
<th>Standard 2</th>
<th>Standard 3</th>
<th>Standard 4</th>
<th>Standard 5</th>
<th>Standard 6</th>
<th>Standard 7</th>
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<td><strong>Standard 2: A Registered Dietitian communicates and interacts clearly and effectively with individuals and groups.</strong></td>
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<tr>
<td>1. Adapts verbal and written communication styles to meet the needs and level of understanding of others.</td>
<td>Y</td>
<td>N</td>
<td>N/A</td>
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<td></td>
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<tr>
<td>2. Uses appropriate information gathering skills to compile accurate, comprehensive and relevant information, including but not limited to: interviews, meetings, focus groups, surveys.</td>
<td>Y</td>
<td>N</td>
<td>N/A</td>
<td></td>
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<td>3. Provides education to meet the learning needs of clients, groups and others, including but not limited to: clients, care givers, students, dietetic interns, other professionals, employees.</td>
<td>Y</td>
<td>N</td>
<td>N/A</td>
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<td><strong>To acquire/improve presentation skills using computer technologies, such as power point slides for education sessions/lectures/poster presentation.</strong></td>
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<td>4. Facilitates teamwork, including but not limited to: clients, care givers, agencies, employees, colleagues, other professionals.</td>
<td>Y</td>
<td>N</td>
<td>N/A</td>
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<td>5. Uses effective counselling and listening skills.</td>
<td>Y</td>
<td>N</td>
<td>N/A</td>
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**Learning Plan**

**My Client Groups:**

**Standard/Indicator #:**

Standard 2: A Registered Dietitian communicates and interacts clearly and effectively with individuals and groups.

Indicator 3: Provides education to meet the learning needs of clients, groups and others, including but not limited to: clients, care givers, students, dietetic interns, other professionals, employees.

**Self Assessment Notes:**

To acquire/improve presentation skills using computer technologies, such as power point slides for education sessions/lectures/poster presentations.

**Learning Goals:**

To acquire/improve presentation skills using computer technologies, such as power point slides for education sessions/lectures/poster presentations.

**Learning Activities**

Take a course or tutorial (eg. on line) to enhance computer presentation skills and use of power point.

Give a presentation using acquired computer knowledge and skills.

**Contribution to Practice**

Improved presentation skills to optimize audience learning and attention, as well as enhance speaker confidence.

**Learning Plan Progress Stage**

Indicate your progress stage on this learning plan (goal and activities).

Preliminary Intermediate Substantial Completed Suspended

Comments/Reasons for Suspension
**SELF-ASSESSMENT**

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<td><strong>Standard 3:</strong> A Registered Dietitian applies current research and best practice findings when delivering services.</td>
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1. Demonstrates competence in all areas of current practice.  
2. Acquires and applies new knowledge, skills and abilities to all areas of practice.  

**Update my knowledge on gastrointestinal dysfunction/intestinal failure in neonates/pediatric patients.**  
3. Acts as a credible and reliable source of current food and nutrition information.  
4. Applies critical thinking skills in problem solving and decision making.  
5. Manages change in professional practice.

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### Learning Plan

**My Client Groups:**

**Standard/Indicator #:** Standard 3: A Registered Dietitian applies current research and best practice findings when delivering services.  
**Self Assessment Notes:** Update my knowledge on gastrointestinal dysfunction/intestinal failure in neonates/pediatric patients.

**Indicator 2:** Acquires and applies new knowledge, skills and abilities to all areas of practice.

**Learning Goal:** Update my knowledge on gastrointestinal dysfunction/intestinal failure in neonates/pediatric patients.

**Learning Activities**

- Review current articles/journals/texts on GI dysfunction in neonates/pediatriccs.
- Attend conferences, lectures, seminars on the topic.

**Contribution to Practice**

Improved knowledge on GI dysfunction in neonates that can be applied to development of nutritional guidelines/protocols

**Learning Plan Progress Stage**

- Indicate your progress stage on this learning plan (goal and activities).
  - Preliminary
  - Intermediate
  - Substantial
  - Completed
  - Suspended

**Comments/Reasons for Suspension**