CDBC Special Edition: Highlights from the AGM and 10TH Anniversary Celebration
June/July 2014
This issue of the CDBC Monthly Update focuses on highlights from the College's Annual General Meeting, Education Sessions and 10th Anniversary Celebration held June 5, 2014 at the Holiday Inn-Vancouver Centre. The CDBC Board of Directors and staff hope you enjoy the video clips and photos! Sincere “thanks” to all on-site and web-conference participants and, as always, we welcome your feedback. Happy 10th Anniversary!

**Annual General Meeting:**
- Diana Stephenson, Chair, CDBC Board of Directors

**Education Sessions:**
- Erin Harrison and Tina Radar, "Weighted Conversations"
- Jan Chan, "Let Me Eat My Lunch!"

**10th Anniversary Celebration Presentations:**
- Jane Thornthwaite, MLA, "Letter from the Premier"
- Cassandra Hamilton, "Letter from the Minister of Health"
- Darlene Ravensdale and Beverly Grice, "The Evolution from BCDNA to CDBC"
- Laura Cullen, "The College's First Years"
- Tamar Kafka, "Bringing Regulation to Life in the UBC Dietetics Program"
- Sonya Kupka, "Partners in Creating a Fantastic Future"
- Adrian Kershaw, "Protection of the Public: That's What It's ALL About"
- Fern Hubbard, "Dietetic Regulation Through Stakeholder Engagement"

Video Clips are available on the CDBC website

**Annual General Meeting:**

Diana Stephenson, Annual General Meeting

Diana Stephenson, Chair of the CDBC Board of Directors, introduces the Board of Directors and welcomes all registrants, public representatives, interns and guests. Diana calls the 10th Annual General Meeting to order and highlights key College initiatives and activities over the last year, April 1, 2013 to March 31, 2014. Fern Hubbard, Registrar, reviews the Audited Financial Statements and answers questions.

CDBC 2014 AGM Part 1
CDBC 2014 AGM Part 2

**Education Sessions:**

Erin Harrison and Tina Radar, "Weighted Conversations"
Through inter-professional consultation regarding shared clients, it became clear to Erin Harrison, RD, and Tina Radar, MSW, that a different approach was needed to get to the root cause of clients' issues such as body distrust and disordered eating. Erin and Tina describe the "Health At Every Size" philosophy they initiated and their successes and challenges.

Click here to watch video

Jan Chan, "Let Me Eat My Lunch!"

Jan Chan is a Dietitian Practice Leader at Burnaby Hospital who recently completed her Master degree in Rehabilitation Sciences. Her research was a pilot project on protected mealtimes at Burnaby Hospital. Jan presents on the successful implementation of protected mealtimes that was achieved through effective collaboration with other health professionals.

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10th Anniversary Celebration Presentations:

Diana Stephenson introduces the theme of the Anniversary Celebration, "CDBC at 10-Years: Past, Present and Future". Diana notes the Milestones listed in the Annual Report that are key points in the College's development and thanks the Celebration speakers for volunteering to share the stories behind the Milestones. Diana acknowledges and thanks past-chairs of the Board for their leadership during the College's first 10 years.

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Jane Thornthwaite, MLA, "Letter from the Premier, Christy Clark"

A former dietitian with a 22-year career in health care, Jane Thornthwaite, MLA North Vancouver-Seymour, guest speaker, reads a "Letter from the Premier, Christy Clark". Jane briefly discusses her work as MLA and her enjoyment serving her constituents. Jane answers questions and encourages BC dietitians to advocate for greater recognition by the government and public as nutrition experts and their important role as a member of the health care team in preventing and treating acute and chronic diseases. (approx. 15 minutes)

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Cassandra Hamilton, "Letter from the Minister of Health, Honourable Terry Lake"

The College received congratulatory greetings from the Honourable Terry Lake, Minister of Health. Cassandra Hamilton, Vice-chair of the Board of Directors, reads the "Letter from the Minister of Health". Terry Lake congratulates the College on its 10 year Anniversary and relays the government's acknowledgement and support of dietitians as an important
profession within BC’s health workforce. He recognizes the unique expertise of dietitians to make a significant difference in the health of all British Columbians. (approx. 2 minutes)

Click here to watch video

Darlene Ravensdale and Beverly Grice, "The Evolution from BCDNA to CDBC"

Darlene Ravensdale spent 11 years on various BCDNA legislation and government relations committees as well as 3 years in key Association leadership roles. Beverly Grice had the honour of being the last BCDNA President. Together, Darlene and Beverly describe the “vision” for the College, relay stories from the many years it took to create the College and outline the challenges BCDNA members had preparing for the transition. (approx. 13 minutes)

Click here to watch video

Laura Cullen, "The College's First Years"

Laura Cullen has been actively involved with BCDNA, DC and CDBC throughout her dietetic career. As the Chair of the Interim and first elected CDBC Board of Directors, Laura describes an innovative solution that funded essential ongoing development. Laura talks about the work and excitement of those early years and thanks past Board members for their dedication, leadership and service, and establishment of the College’s foundation. (approx. 8 minutes)

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Tamar Kafka, "Bringing Regulation to Life in the UBC Dietetics Program"

Tamar Kafka is the Dietetics Education Coordinator at UBC. Tamar relays congratulations to the College from faculty members of UBC dietetics program and briefly highlights the common goals of dietetic educators and regulators. Tamar describes the positive collegial relations between UBC and the CDBC and speaks of future opportunities to "co-create" as we work together for the good of the profession. (approx. 7 minutes)

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Sonya Kupka, "Partners in Creating a Fantastic Future"

Sonya Kupka is the BC Regional Executive Director for Dietitians of Canada. Sonya describes the distinct and unique roles of DC and CDBC and the cooperative strength in partnering on common issues. She outlines some of our past and current initiatives and looks forward to working together on future activities at provincial and national levels and celebrating future successes as partners. (approx. 5 minutes)

Click here to watch video
Adrian Kershaw, "Protection of the Public: That's What It's ALL About"

Adrian Kershaw served on the CDBC Board of Directors for 10 years as a government appointed public member. Adrian describes the important role of past Board Directors in helping the organization through its formative years and that of current Directors in revisiting early initiatives, maintaining the focus on public protection. Adrian highlights the integral role of public members on the CDBC Board and committees and the diversity they bring to support the College's public protection mandate. (approx. 5 minutes)

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Fern Hubbard, "Dietetic Regulation through Stakeholder Engagement"

Fern Hubbard has been the Registrar of the CDBC since its inception in 2004. Fern tells a few stories that outline some of the challenges establishing the new College. She talks about the importance of on-going communications over the years with the College's numerous provincial, national and international stakeholders and the change in messaging as the College matured. Fern looks forward to the future of the CDBC's development. (approx. 5 minutes)

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Diana Stephenson, "Into the Future" and closing remarks

Diana Stephenson brought the 10th Anniversary Celebration to a close by sharing her vision of the College's future growth and evolution and the increasing importance of the role of dietitians as key members of the BC public's health care team. Diana thanks all the Anniversary presenters for their entertaining and enlightening stories and thanks registrants for participating in the Celebration in-person and via webcast. She invited attendees to enjoy the refreshments and Anniversary cake, and mingle with their colleagues.

Video Clips and Photos Available!

To view the videos of the AGM, Education Sessions and 10th Anniversary Celebration presentations, visit the CDBC Website or click here. To see photos from the event, please view a short movie of event highlights.

We look forward to receiving your comments and feedback on the event and this Special Edition Monthly Update. Please email us at: info@collegeofdietitiansbc.org. Thank you!